

WHEN YOU SMOKE WHILE PREGNANT,  
THE CIGARETTE'S TOXIC BREW ENTERS INTO YOUR BLOODSTREAM,  
YOUR BABY'S ONLY SOURCE OF OXYGEN.

You're not **only** eating for two,  
you're **breathing** for two.



For more information or help contact the  
American Legacy Foundation:  
[1800quitnow.cancer.gov/](http://1800quitnow.cancer.gov/)  
A toll-free quit line (800)-QUITNOW (784-8669)